



Website links are compiled suggestions from literacy, ESL/ESOL, GED, and citizenship providers. If a link is broken, if a website no longer provides the resources or information in the description, or if you would like to add a resource to this list, please contact our office at (817) 870-0082 or by e-mail at [kthompson@tarrantlit.org](mailto:kthompson@tarrantlit.org)

Websites for Health and Safety		
Center for Disease Control and Prevention	<a href="http://www.cdc.gov/education/default.html">http://www.cdc.gov/education/default.html</a>	Lesson plans and information on health issues
Classroom Emergency Preparedness	<a href="http://readyclassroom.discoveryeducation.com/#/map">http://readyclassroom.discoveryeducation.com/#/map</a>	Activities, videos, checklists for emergency situations
Eating Well, Living Well: Nutrition Education for Adult ESL Programs	<a href="http://www.eatingwell.ca5aday.com">http://www.eatingwell.ca5aday.com</a>	Free lessons, guides, visuals, and worksheets on nutrition.
Energy Balance 101	<a href="http://energybalance101.discoveryeducation.com/teachers/">http://energybalance101.discoveryeducation.com/teachers/</a>	Standards-based lessons and hands-on activities to bring energy balance to life in the classroom while connecting to all subject areas.
English Med	<a href="http://www.englishmed.com">http://www.englishmed.com</a>	Designed to help medical professionals learn workplace English, but also great for any English language learner.
FEMA	<a href="http://www.fema.gov/kids/teacher.htm">http://www.fema.gov/kids/teacher.htm</a>	Free curriculum, activities, and fact sheets on safety, prevention, and disaster response.
Health Literacy Curricula	<a href="http://www.advancinghealthliteracy.com/curricula.html">http://www.advancinghealthliteracy.com/curricula.html</a>	A collection of health literacy curriculum links for ABE/ESL courses
Healthy Roads Media	<a href="http://www.healthyroadsmedia.org">http://www.healthyroadsmedia.org</a>	Free health education materials in a variety of languages- in audio format or downloadable handouts.
LaRue Medical Literacy Exercises	<a href="http://www.mcedservices.com/medex2/medex2.htm">http://www.mcedservices.com/medex2/medex2.htm</a>	Information on diabetes, nutrition, and high blood pressure. Online activities and free printables activities in English, Arabic, Hmong, Somali, and Spanish.
Literacy Volunteers of Roanoke Valley	<a href="http://www.lvarv.org/el-civics/HealthLessonIndex.htm">http://www.lvarv.org/el-civics/HealthLessonIndex.htm</a>	Lesson plan ideas and directions
McGill	<a href="http://www.mcgill.ca/hssaccess/trainers/resources/hlistening/">http://www.mcgill.ca/hssaccess/trainers/resources/hlistening/</a>	Health listening passages allows students to read and learn about public health issues.
Medicine Labels and Warnings	<a href="http://www.mcedservices.com/medex.htm">http://www.mcedservices.com/medex.htm</a>	Exercises for reading prescription labels, over-the-counter labels, special warning labels, and information about side effects. In English, Arabic,



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		Hmong, Somali, and Spanish.
Medicine Plus' Interactive Health Tutorials	<a href="http://www.nlm.nih.gov/medlineplus/tutorial.html">http://www.nlm.nih.gov/medlineplus/tutorial.html</a>	Slideshows provide images, text, and audio explaining diseases, treatments, and prevention measures. In English and Spanish.
National Museum of Dentistry	<a href="http://www.mouthpower.org/mouthpower.cfm">http://www.mouthpower.org/mouthpower.cfm</a>	Interactive game about dental health. Animations and text go with audio support.
NYC Poison Control Center Health Education Literacy Program (HELP)	<a href="http://www.nyc.gov/html/doh/html/poison/poison2.shtml">http://www.nyc.gov/html/doh/html/poison/poison2.shtml</a>	Instructor's guide provides lessons and activities to teach adult learners about medicine safety and the Poison Control Center. Free to download. Also includes 6 free downloadable brochures on: Learning about your medicine, medicine safety, over the counter medicine, vitamins, herbals, and minerals, and medical appointments.
Outreach and Technical Assistance Network (OTAN)	<a href="http://www.otan.us/images/publicarchive/ArchivesDigitalFiles/ELCivics/003368/003368toc.pdf">http://www.otan.us/images/publicarchive/ArchivesDigitalFiles/ELCivics/003368/003368toc.pdf</a>	Free PDF download: Talking with the Police - An English Language and Civics Workbook for English Language Learners - Student Workbook
Project Care	<a href="http://projectcare.worlded.org">http://projectcare.worlded.org</a>	Audio and video lessons for vocabulary practice on health issues. For intermediate and advanced ESL.
Queens Library	<a href="http://www.queenslibrary.org/index.aspx?page_nm=ALP_for_Teachers">http://www.queenslibrary.org/index.aspx?page_nm=ALP_for_Teachers</a>	A Health literacy curriculum for beginning ESOL learners. Lesson plans, accompanying student worksheets and audio files. Free. Some lessons also have online activities for students.
Quick Guide for Healthy Living	<a href="http://www.healthfinder.gov">http://www.healthfinder.gov</a>	Tools and action steps for healthy living
Ready Zone H1N1	<a href="http://www.discoveryeducation.com/ReadyZone-H1N1/">http://www.discoveryeducation.com/ReadyZone-H1N1/</a>	Facts sheets, research, recommendations
Ready.gov	<a href="http://ready.gov">http://ready.gov</a>	Free steps and worksheets for creating an emergency kit and emergency plans
Reepworld English for Health	<a href="http://www.reepworld.org/englishpractice/health/index.htm">http://www.reepworld.org/englishpractice/health/index.htm</a>	Interactive lessons on a variety of health topics and vocabulary.
Texas Department of Public Safety	<a href="http://www.txdps.state.tx.us/dem/pages/publicinfor">http://www.txdps.state.tx.us/dem/pages/publicinfor</a>	Download preparedness and safety tips about



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	<a href="#">mation.htm</a>	hot weather, lightning, tornados, wildfires, or food safety.
World Education: Project Care	<a href="http://projectcare.worlded.org/">http://projectcare.worlded.org/</a>	For high-intermediate to advanced English language learners. audio and video for listening practice, vocabulary development, project ideas and links to related-health information.